

# eatures

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### 26 Over Tasked?

There are now 42 certified National Guard Weapons of Mass Destruction-Civil Support Teams (CSTs). Their growth in numbers, however, has not kept pace with their use. Since 9/11, CSTs have been called for hundreds of missions outside their original intent of responding to chemical, biological or nuclear attacks on the homeland.



#### 32 Run Rampant

Every National Guardsman faces a timed run as part of his or her annual physical fitness (PT) test. For some, it can be a nightmare. But it needn't be, says a running columnist who's helped hundreds with their PT tests. Any Guardsman can exceed their minimum times, he says. All it takes is time, an appropriate plan and some determination.



#### 36 Lone Star Lore

When most people think of Texas military history, they think of "six flags," the Alamo and a long list of achievements at home and abroad. In reality, however, the Texas National Guard's official history is short, dating back to only 1873. But its accomplishments since still make it among the busiest and most storied and colorful Guard organizations.



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## **Staff**

Brig. Gen. Stephen M. Koper (Ret.) PUBLISHER LTC Wayne Hunt NGAUS CHIEF OF STAFF John Goheen DIRECTOR OF COMMUNICATIONS Christopher Prawdzik SENIOR EDITOR

> Maureen Hearn PRODUCTION MANAGER

Richard Arnold **PUBLIC AFFAIRS SPECIALIST**  Ron Sutton DIRECTOR OF MEMBERSHIP/SERVICES

Brig. Gen. Richard M. Green (Ret.) LEGISLATIVE DIRECTOR

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stand vigilant in the defense of

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day in its vital mission.